



Guam Head Start Menu

DEC

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Breakfast Chocolate Chip Muffin Lunch Pasta w/ Meat Sauce Snack Baby Carrots	3 Breakfast Biscuit Breakfast Sandwich w/ Bacon & Egg Lunch Pork Carnitas w/ Rice Snack Cereal Bar	4 Breakfast French Toast Sticks Lunch Salisbury Steak & Rice Snack Fresh Orange	5 Breakfast Mini Pancakes Lunch Popcorn Chicken w/ Red Rice Snack Fresh Apple	6 Breakfast Fried Rice w/ Ham & Egg Lunch Cheesy Breadsticks w/ Marinara Sauce Snack Graham Crackers
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AM Headstart is fed Breakfast and Lunch Daily (All Meals come with Milk)

9 No School Santa Maria Kamalen Day	10 Breakfast Breakfast on a Stick Lunch Nuggets w/ Rice Snack Cereal Bar	11 Breakfast Breakfast Pizza Lunch Orange Chicken & Rice Snack Fresh Orange	12 Breakfast Apple Frudel Lunch Eggless Loco Moco Snack Fresh Apple	13 Breakfast Chicken & Biscuit Lunch Pepperoni Pizza Snack Muffin
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PM Headstart is fed Lunch and a Snack Daily (All meals come with Milk)

16 Breakfast Bagel & Strawberry Cream Cheese Lunch Cheese Burger Snack Scooby Snacks	17 Breakfast English Muffin w/ Sausage & Cheese Holiday Lunch Ham & Red Rice Christmas Cookie Snack Cereal Bar	18 Breakfast Cheese Omelet Lunch BBQ Pork Sandwich Snack Graham Crackers	19 Breakfast Mini Pancakes Lunch Bistek & Rice Snack Fresh Apple	20 Breakfast Benefit Bar Lunch Popcorn Chicken Mashed Potatoes & Gravy Snack Fresh Orange
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All Day (Duration Programs) Headstart is fed Breakfast, Lunch and a Snack Daily (All come with Milk)

23	24 NO SCHOOL		26 See You Next Year!	27
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Breakfast, Lunch and Snack are served with 1% white milk

30	31			Follow us on INSTAGRAM @ sodexoschoolsguam for menu news
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Breakfast includes a fruit serving and Lunch includes both vegetables and a fruit serving

This institution is an equal opportunity provider.